

Gastro Balance Programme

Cohesive programme of leading-edge treatments to stimulate self-regulation of gastrointestinal health, which is key to optimal health.

Duration – 6 months; Cost - £3000

This programme is “Clinician Recommended” following an Optimal Health Assessment which is not included in the Programme price.

Programme Clinical Leads – Gaynor Martin - Registered Nurse RN and Wenche Johannessen - Healthcare Assistant and Phlebotomist

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Our Health Optimising Programmes are bespoke and offer you guided support from an experienced Clinical Lead. Free access to our Clinician OnCall Acute Same Day Service is also included (please put the Hotline number - **020 3951 0457** - in your phone now) Programmes represent an average 20% saving over booking treatments individually.

INDICATION OF LEVEL OF SUPPORT INCLUDED

Your programme will be individualised based on your personal health picture. This is an example of what an average programme could look like to give you a guide as to the type and number of assessments and treatments which may be included.

Monthly Review with Programme Clinical Lead (x6)

We recommend Monthly Reviews throughout the programme to demonstrate improvement and to highlight where work is still required.

Monthly Nutrition Consultation with Nutritional Team (x6)

The application of the science of nutrition to develop a specifically tailored nutritional plan and support for the promotion of optimum health and performance.

Pulsed Plasma Light Therapy (x10)

Encourages self-regulation to quickly reduce the impact of the microorganisms which can cause stubborn infection.

The Rehabilitator using Papimi (x10)

The Rehabilitator’s unique magnetic nano pulses stimulate the self-regulation of symptoms but also the deeper source of health problems identified at the cellular level.

Nitric Oxide Treatment (x10 – 10 minutes)

Direct Nitric Oxide (N-O) treatment using Plason medical technology for healing through improving vascular circulation and tissue oxygenisation.

Eductor (x 4)

This extraordinary system can identify stress and underlying emotions, help re-instate the self regulatory capacity of the body and balance the over-stressed body system.

NOT INCLUDED

Will always be an additional cost.

Heidelberg Test

The Gold Standard Test which is essential for everyone who has gastric reflux or digestive problems. A non-invasive in-clinic procedure.

Optional (COST £300)

Medical Thermography (MT) Study - HD Imaging Screen.

A full body health discovery tool, particularly beneficial for breast health as well as spine, abdomen, low grade inflammations, cardiovascular disorders, musculoskeletal disorders, diabetes and hormonal disturbances. Uses the highest resolution camera to visually record and give a very accurate location of any physiological changes and metabolic processes. Study analysed by full time and experienced interpreters in the USA who have reviewed thousands of thermograms using specialist software.

Highly Recommended (COST – see website)

GI MAP Stool test

This test assesses a patient's microbiome from a single stool sample, with particular attention to microbes that cause disease or that disrupt normal microbial balance and contribute to perturbations in the GI microbiota and illness. **(COST - £335)**

TERMS & CONDITIONS

Programmes must be paid for at the time of booking and we are unable to offer refunds. Price excludes any additional Health Optimising assessments or treatments not listed, Laboratory Tests (blood/urine/stool/breath), Prescribed supplements/herbal medicines/homeopathy.